

COOKING SAFETY

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INJURY PREVENTION TRAINING

Injury Prevention Daily Quick Drills - Easy Access to Training Topics

“Cook With Caution” If There Is A Fire!

References:

NFPA Public Safety Education Division

Note:

Refer to:
www.nfpa.org/education
for more tips.

Cooking brings family and friends together, and provides an outlet for creativity and can be relaxing as well. But, it is important to note that cooking fires are the number one cause of home fires and home injuries.

If there is a Cooking Fire!

- 1) Just get out! When you leave, close the door behind you to help contain the fire.
- 2) Call 9-1-1 or the local emergency number after you leave.
- 3) If you are fighting the fire, be sure others are getting out and you have a clear way out.
- 4) Keep a lid nearby when you are cooking to smother small grease fires. Smother the fire by sliding the lid over the pan and turn of the stovetop. Leave the pan covered until it is completely cooled.
- 5) For an oven fire turn off the heat and keep the door closed.

